

Eight small habits. Done most days, they stop mould before it starts. Keep them up and a treated room stays clear.



01 WET ROOMS

Fan on, fan off later.

Run the exhaust fan during every shower and 20 minutes after.

Steam is what feeds mould.



02 LAUNDRY

Keep the door closed.

Shut the laundry door while washing or drying.

Stops wet air moving through the house.



03 CLOTHES DRYING

Outside or vented only.

Never on racks indoors. Use a vented dryer if the weather is bad.

One indoor load releases litres of water.



04 AIRCON

Use DRY mode on humid days.

Switch the remote from COOL to DRY when the air feels sticky.

Pulls water out without chilling the room.



05 VENTILATE

Open up 10am to 2pm.

Open windows top and bottom. On double-hung sash windows, open both sashes.

That is when outside air is driest.



06 WINTER HEAT

Electric, not unflued gas.

Avoid unflued gas and kerosene heaters inside the home.

Unflued burners add water to the air.



07 AIRFLOW

Keep the air moving.

Leave a ceiling or pedestal fan on low near cold or problem walls.

Still air on cold surfaces is where mould starts.



08 FURNITURE

200mm off outside walls.

Keep beds, sofas and wardrobes away from the wall.

Lets air reach the wall so moisture cannot sit.

Weekly *checklist.*

Tick each box once a week. If you cannot tick them all, that is where mould will try to start.

- | | |
|--|--|
| <input type="checkbox"/> Ran the bathroom fan during and 20 minutes after every shower | <input type="checkbox"/> Kept the laundry door closed while washing or drying |
| <input type="checkbox"/> Dried clothes outside or in a vented dryer, not on indoor racks | <input type="checkbox"/> Used the aircon in DRY mode on humid days |
| <input type="checkbox"/> Opened windows between 10am and 2pm at least twice this week | <input type="checkbox"/> Used electric heat. No unflued gas or kerosene inside |
| <input type="checkbox"/> Ran a fan on low near the coldest wall | <input type="checkbox"/> Checked beds and sofas are 200mm off outside walls |
| <input type="checkbox"/> Wiped window sills and cleared window weep holes | <input type="checkbox"/> Looked behind curtains and bed heads for first spots |

! WHEN TO CALL US

1. **Condensation still on windows after midday.** The room is holding too much water. The habits above are the first fix.
2. **Mould returns within days of cleaning.** There is a water source behind the wall and it needs tracing.

Professional mould remediation.

ECOHEALTH
MOULD SERVICES

*Professional mould
remediation.*

MOULD TREATMENT & PREVENTION

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